























# skinnytaste | Cookbook Index













\*WW = WW PersonalPoints™ Link

## Beef, Pork, & Lamb

RECIPE	COOKBOOK	CHAPTER	PAGE	WW
Pork Milanese with Tricolore Salad  	Skinnytaste Air Fryer Dinners	Beef, Pork, & Lamb	100	<a href="#">WW</a>
Beef and Broccoli  	Skinnytaste Air Fryer Dinners	Beef, Pork, & Lamb	106	<a href="#">WW</a>
Juicy Brined Pork Chops  	Skinnytaste Air Fryer Dinners	Beef, Pork, & Lamb	104	<a href="#">WW</a>
Lamb Loin Chops with Pistachio-Mint Gremolata   	Skinnytaste Air Fryer Dinners	Beef, Pork, & Lamb	108	<a href="#">WW</a>
Chicken-Fried Steak with Sage Gravy	Skinnytaste Air Fryer Dinners	Beef, Pork, & Lamb	86	<a href="#">WW</a>
Spice-Rubbed Lamb Chops with Cucumbers and Yogurt  	Skinnytaste Air Fryer Dinners	Beef, Pork, & Lamb	88	<a href="#">WW</a>
Beef Tataki with Ginger-Lemon Dressing   	Skinnytaste Air Fryer Dinners	Beef, Pork, & Lamb	91	<a href="#">WW</a>
Prosciutto-Wrapped Pork Tenderloin with Fig-Mustard Sauce   	Skinnytaste Air Fryer Dinners	Beef, Pork, & Lamb	92	<a href="#">WW</a>
Steak, Potato, and Poblano Burritos  	Skinnytaste Air Fryer Dinners	Beef, Pork, & Lamb	95	<a href="#">WW</a>
Cheeseburger-Loaded Fries 	Skinnytaste Air Fryer Dinners	Beef, Pork, & Lamb	96	<a href="#">WW</a>
Gouda-Stufreezer-mealsed Beef and Mushroom Burgers  	Skinnytaste Air Fryer Dinners	Beef, Pork, & Lamb	103	<a href="#">WW</a>
Rosemary Flank Steak with Panko Onion Rings	Skinnytaste Air Fryer Dinners	Beef, Pork, & Lamb	99	<a href="#">WW</a>

RECIPE	COOKBOOK	CHAPTER	PAGE	WW
Steak Fajitas 	Skinnytaste Air Fryer Dinners	Beef, Pork, & Lamb	111	<a href="#">WW</a>

## Poultry

RECIPE	COOKBOOK	CHAPTER	PAGE	WW
Kielbasa, Veggie, and Pierogi Dinner 	Skinnytaste Air Fryer Dinners	Chicken & Other Poultry	66	<a href="#">WW</a>
Korean-Style Chicken Rice Bowls with Napa Slaw 	Skinnytaste Air Fryer Dinners	Chicken & Other Poultry	62	<a href="#">WW</a>
Soy-Glazed Boneless Chicken Thighs 	Skinnytaste Air Fryer Dinners	Chicken & Other Poultry	65	<a href="#">WW</a>
Spicy Fried Chicken Crunch Wraps 	Skinnytaste Air Fryer Dinners	Chicken & Other Poultry	82	<a href="#">WW</a>
Chicken Plantain Sandwich (Jibarito de Pollo) 	Skinnytaste Air Fryer Dinners	Chicken & Other Poultry	40	<a href="#">WW</a>
Honey Mustard Chicken Tenders 	Skinnytaste Air Fryer Dinners	Chicken & Other Poultry	45	<a href="#">WW</a>
Pistachio-Crusted Chicken Cutlets 	Skinnytaste Air Fryer Dinners	Chicken & Other Poultry	42	<a href="#">WW</a>
Cajun-Spiced Fried Chicken 	Skinnytaste Air Fryer Dinners	Chicken & Other Poultry	49	<a href="#">WW</a>
Chicken Caprese 	Skinnytaste Air Fryer Dinners	Chicken & Other Poultry	50	<a href="#">WW</a>
My Signature Wings 	Skinnytaste Air Fryer Dinners	Chicken & Other Poultry	46	<a href="#">WW</a>
Argentinian Sausage Sandwich with Chimichurri (Choripán) 	Skinnytaste Air Fryer Dinners	Chicken & Other Poultry	58	<a href="#">WW</a>
Juicy Chicken Breasts 	Skinnytaste Air Fryer Dinners	Chicken & Other Poultry	61	<a href="#">WW</a>

RECIPE	COOKBOOK	CHAPTER	PAGE	WW
Hawaiian BBQ-Inspired Drumsticks DF GF	Skinnytaste Air Fryer Dinners	Chicken & Other Poultry	73	WW
Sausage and Pepper Egg Rolls DF FM Q	Skinnytaste Air Fryer Dinners	Chicken & Other Poultry	69	WW
Swedish Turkey Meatballs GF Q	Skinnytaste Air Fryer Dinners	Chicken & Other Poultry	70	WW
Roasted Turkey Breast DF FM GF	Skinnytaste Air Fryer Dinners	Chicken & Other Poultry	81	WW
Feta-Brined Stufreezer-mealsed Chicken Breasts GF	Skinnytaste Air Fryer Dinners	Chicken & Other Poultry	74	WW
Honey Sriracha Chicken and Vegetables DF GF	Skinnytaste Air Fryer Dinners	Chicken & Other Poultry	77	WW
One-Pot Balsamic Chicken, Asparagus, and Burst Tomatoes DF GF Q	Skinnytaste Air Fryer Dinners	Chicken & Other Poultry	78	WW
Chicken Satay Lettuce Wraps with Peanut Sauce DF GF	Skinnytaste Air Fryer Dinners	Chicken & Other Poultry	54	WW
Jalapeño-Cheddar Turkey Burgers DF FM GF Q	Skinnytaste Air Fryer Dinners	Chicken & Other Poultry	57	WW
Latin Roast Chicken (Pollochón) DF FM GF	Skinnytaste Air Fryer Dinners	Chicken & Other Poultry	53	WW

## Seafood

RECIPE	COOKBOOK	CHAPTER	PAGE	WW
Fried Fish Fillet Sandwiches Q	Skinnytaste Air Fryer Dinners	Seafood	136	WW
Lobster Tails with Garlic-Paprika Butter DF GF Q	Skinnytaste Air Fryer Dinners	Seafood	138	WW
Tzatziki Fish Tacos GF Q	Skinnytaste Air Fryer Dinners	Seafood	140	WW

RECIPE	COOKBOOK	CHAPTER	PAGE	WW
King Crab Legs with Garlic-Lemon Butter DF GF Q	Skinnytaste Air Fryer Dinners	Seafood	117	WW
Mustard-Dill Salmon with Asparagus DF GF Q	Skinnytaste Air Fryer Dinners	Seafood	114	WW
Bacon-Wrapped Scallops DF GF Q	Skinnytaste Air Fryer Dinners	Seafood	121	WW
Sesame-Crusted Tuna with Wasabi Mayo DF GF Q	Skinnytaste Air Fryer Dinners	Seafood	118	WW
Shrimp Tempura Sushi "Burritos" DF GF Q	Skinnytaste Air Fryer Dinners	Seafood	122	WW
Fried Shrimp Po'Boy Wraps DF Q	Skinnytaste Air Fryer Dinners	Seafood	130	WW
Gnocchi with Shrimp and Burst Tomatoes DF GF Q	Skinnytaste Air Fryer Dinners	Seafood	133	WW
Sweet and Spicy Glazed Salmon DF GF Q	Skinnytaste Air Fryer Dinners	Seafood	134	WW
Blackened Fish Tacos DF GF Q	Skinnytaste Air Fryer Dinners	Seafood	129	WW
Cajun Shrimp Dinner DF GF Q	Skinnytaste Air Fryer Dinners	Seafood	126	WW
Fried Catfish and Hushpuppies with Creamy Slaw	Skinnytaste Air Fryer Dinners	Seafood	124	WW

## Sides

RECIPE	COOKBOOK	CHAPTER	PAGE	WW
Crispy Polenta Rounds with Basil Oil DF GF Q V	Skinnytaste Air Fryer Dinners	Sides	160	WW
Cheesy Broccoli Potato Patties DF FM GF Q V	Skinnytaste Air Fryer Dinners	Sides	151	WW

RECIPE	COOKBOOK	CHAPTER	PAGE	WW
Roasted Balsamic Asparagus DF GF Q V	Skinnytaste Air Fryer Dinners	Sides	152	WW
Broccolini with Caesar-ish Dressing GF Q	Skinnytaste Air Fryer Dinners	Sides	164	WW
Lemon Potatoes DF GF Q V	Skinnytaste Air Fryer Dinners	Sides	168	WW
Savory Sweet Potato Wedges DF GF Q V	Skinnytaste Air Fryer Dinners	Sides	167	WW
Eggplant Fries GF Q V	Skinnytaste Air Fryer Dinners	Sides	156	WW
Garlic Cheddar Biscuits Q V	Skinnytaste Air Fryer Dinners	Sides	159	WW
Mushrooms with Frizzled Shallots and Bacon DF GF Q	Skinnytaste Air Fryer Dinners	Sides	155	WW
Red Curry Roasted Eggplant DF GF Q V	Skinnytaste Air Fryer Dinners	Sides	163	WW
Blistered Asian-Style Green Beans DF GF Q V	Skinnytaste Air Fryer Dinners	Sides	148	WW
Golden Breaded Cauliflower Q V	Skinnytaste Air Fryer Dinners	Sides	144	WW
Smashed Potatoes DF GF Q V	Skinnytaste Air Fryer Dinners	Sides	147	WW
Balsamic Brussels Sprouts DF GF Q V	Skinnytaste Air Fryer Dinners	Sides	170	WW

## Veggie Mains

RECIPE	COOKBOOK	CHAPTER	PAGE	WW
Veggie-Loaded Stromboli Q V	Skinnytaste Air Fryer Dinners	Meatless Main	14	WW

RECIPE	COOKBOOK	CHAPTER	PAGE	WW
Eggplant Parmesan FM GF Q V	Skinnytaste Air Fryer Dinners	Meatless Main	23	WW
Big Green Salad with Crispy Spiced Chickpeas and Halloumi GF Q V	Skinnytaste Air Fryer Dinners	Meatless Main	20	WW
Herby Tofu Summer Rolls with Peanut Sauce DF GF Q V	Skinnytaste Air Fryer Dinners	Meatless Main	19	WW
Sesame-Soy Tofu Broccoli Bowls DF GF V	Skinnytaste Air Fryer Dinners	Meatless Main	16	WW
Cajun Arancini with Roasted Red Pepper Marinara GF V	Skinnytaste Air Fryer Dinners	Meatless Main	37	WW
General Tso's Cauliflower DF GF Q V	Skinnytaste Air Fryer Dinners	Meatless Main	33	WW
Veggie French Bread Pizzas DF Q V	Skinnytaste Air Fryer Dinners	Meatless Main	34	WW
Cheesy Calzones Q V	Skinnytaste Air Fryer Dinners	Meatless Main	30	WW
Giant Samosas with Cilantro-Mint Chutney FM V	Skinnytaste Air Fryer Dinners	Meatless Main	28	WW
Loaded Black Bean Nachos GF Q V	Skinnytaste Air Fryer Dinners	Meatless Main	27	WW
Un-Fried Falafel DF V	Skinnytaste Air Fryer Dinners	Meatless Main	24	WW